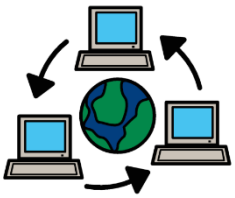
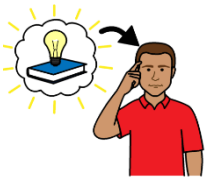
Staying Safe Online

The internet is very useful.

- It helps us to learn.



- It helps us to stay informed about what is happening in the world.



- It helps us to keep in contact with our family and friends.

- We can have lots of fun playing games online.

But it is very important to know how to keep safe online.

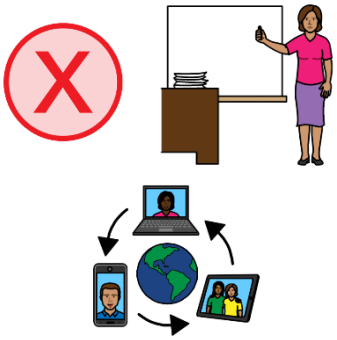
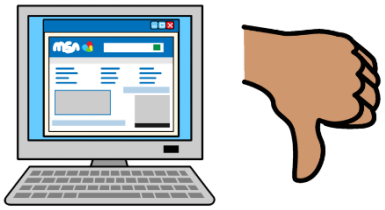
Here are some tips to help us to stay safe online:

Never tell anyone your password, unless it is a **trusted adult** (like your mum or dad).

Don't give anyone you meet online your personal information.

Personal information is information about you, like:

- your **full name**
- your **address**
- which **school or college** you go to
- your **telephone number**

Always let a **trusted adult** know if someone asks for your personal information.	
Always tell a **trusted adult** if something happens online that makes you feel **worried**, **sad** or **uncomfortable**.	
Remember that it is not appropriate to add teachers or staff members on social media (like Facebook or Instagram).	
Remember that not everything you see online is true. If you are not sure, ask a trusted adult.	
Always be polite when you talk to other people online. **Don't** say anything online that you would not say to someone face to face.	
What next?	
If you are unsure about any of this information, please speak to a teacher or a family member.	
This is the right thing to do!	