WEEK 1

STEP 1 Choose from...

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main	BBQ Chicken Casserole to go with Coleslaw, Potato Wedges	Beef Bolognese to go with Green Beans	Roast Chicken to go with Broccoli, Carrots, Roast Potatoes, Gravy	Turkey Meatballs in a Tomato Sauce to go with Mixed Rice, Sweetcorn	Fish Fingers to go with Baked Beans, Chips
Vegetarian	Quorn Chilli Tortillas to go with Coleslaw, Potato Wedges	Vegetarian Bolognaise to go with Green Beans	Mac N Cheese to go with Broccoli, Carrots, Roast Potatoes, Gravy	Pizza to go with Sweetcorn, Pasta	Vegetarian Sausage to go with Baked Beans, Chips
Combo	Jacket Potato with choice of fillings Baked Beans, Salmon & Tomato, Tuna Mayo	Wrap to go with Green Beans, Steamed Rice with choice of fillings Tuna Mayo, Chicken Mayonnaise	Wrap to go with Broccoli, Carrots, Roast Potatoes with choice of fillings Tuna Mayo, Chicken Mayonnaise	Wrap to go with Peas, Steamed Rice with choice of fillings Tuna Mayo, Chicken Mayonnaise	Wrap to go with Baked Beans, Chips with choice of fillings Tuna Mayo, Chicken Mayonnaise
	Pasta to go with Sweetcorn with choice of fillings Homemade Tomato & Basil Sauce		Pasta to go with Broccoli, Carrots with choice of fillings Homemade Tomato & Basil Sauce	Pasta to go with Peas with choice of fillings Homemade Tomato & Basil Sauce	Pasta to go with Side Salad with choice of fillings Homemade Tomato & Basil Sauce
STEP 2 ...and to finish!	Fruit Sponge	Fresh Fruit Salad	Fruit Jelly	Orange & Mango Ice Smoothie	Fresh Fruit Salad
	Fresh Fruit Bar, Jelly	Fresh Fruit Bar, Jelly	Fresh Fruit Bar, Jelly	Fresh Fruit Bar, Jelly	Fresh Fruit Bar, Jelly

Bread and Salad will be available at Lunch Times

Please speak to a member of the Catering Team or view relishschoolfood.co.uk for Allergen Information

287_w1